

## Body Treatments

### Salt Glow

Renew and revitalize your skin with an invigorating Dead Sea Salt scrub.

25 minutes

### Body Peel

Experience the latest full body exfoliation with AHA Glycolic acid. This mild yet very effective treatment finishes with an application of moisturizing cream to leave you silky smooth.

60 minutes

### Seaweed Wrap

A warm soothing seaweed mask helps expel toxins and improve circulation. Remineralize and hydrate your skin in a heated enveloping cocoon.

60 minutes

### Chocolate Bliss Wrap

Envelope yourself in the supreme indulgence, as you escape into an unforgettable blissful renewal. Detox, tone and relax as healing seaweeds are mixed with powerful antioxidant essence of chocolate cherry.

60 minutes

Revised 8/08

## Spa Etiquette

### Appointments

Reservations are recommended 24 hours in advance. Additional hours available by request.

### Arrival

New clients, please arrive 15 minutes prior to your scheduled appointment to fill out the required questionnaire. Late arrivals will not receive an extension of treatment time.

### Cancellations

Changes and cancellations are accepted 12 hours prior to the appointment without penalty of payment in full. All no-shows are automatically charged the full value of services booked.

### Gratuities

A 20% gratuity is automatically applied to all spa services.

### Gift Certificates

Give these wonderful gifts! Gift Certificates are available for purchase at the club for any service or amount desired.

### House Calls

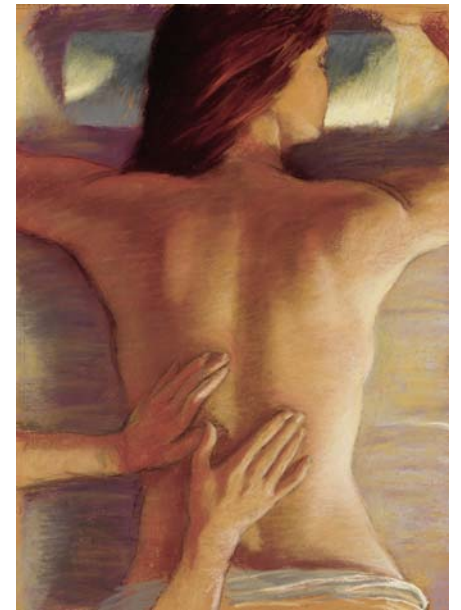
Enjoy our services in the comfort of your home by advance appointment. A service charge applies. Solicitation of staff strictly prohibited.

### Packages

A client receiving 3 or more 50 minute treatments on the same day will receive a 10% discount

Prices and services are subject to change without notification.

License # MM12603



## Spa Services Menu

By Appointment  
Monday - Saturday  
9:00 a.m. to 6:00 p.m.

For Appointment  
& Rates Call

(239) 405-0463

# Massage Therapy

## Swedish Relaxation

This classic light touch full body massage induces relaxation, improves circulation and mobility and relieves muscle tension. Long soothing strokes calm your body and mind.

25 minute add on

50, 80 and 110 minute services available

## Aromatherapy

This ancient healing art uses custom blended pure essential oils to relax, detoxify, soothe or stimulate. Add this delightful “must-have” to any massage.

Add on applies

## Therapeutic Massage

Release tension and pain in specific areas with this custom designed massage. The therapist utilizes various Deep Tissue, Sports, Neuromuscular, and Myofascial Release techniques to provide relief to troubled areas.

25 minute add on

50 and 80 minute services available

## Reflexology

This ancient Asian practice applies acupressure to specific areas of the hands and feet. These points correspond to parts of the body, providing stress relief and relaxation.

25 minute add on

50 minute service available

## Warm Stones

Smooth heated lava stones are placed on your body in a pattern that provides ultimate relaxation. Using Swedish massage strokes, the stones are gently glided over your body. Deep heat radiates from the stones provide relief to tired sore muscles and soothe your mind.

80 minutes

## Taste of Stones (With Massage)

Add on

# Facial Skin Care

## Classic European Facial

This custom tailored facial includes deep pore cleansing, exfoliation, gentle extractions, serum massage and mask and accompanied by the appropriate moisturizer.

50 minutes

## Just For Him Facial

The perfect facial to soothe and hydrate skin that is irritated by shaving, the environment or stress. Leaves the skin calm, refreshed and renewed

50 minutes

## Glyco Rose Oxygen Facial

Renew your skin with the benefits of AHA and oxygen and enjoy the healing relaxation of pure rose essence. Leaves your skin with a glowing radiance.

50 minutes

## Triple Face Lift Peptide Facial

Experience the pumpkin peel, a peptide peel and an enzyme-lifting mask in this powerful triple treatment. Remarkable, immediate, noticeable and lasting results.

80 minutes

## Advance Chemical Peels

Reduce fine lines and wrinkles, eliminate age spots, and acne problems with scientifically proven treatments.

AHA/BHA Peel

Pumpkin Peel

Full Jessner Per Layer

Hyper Pigment Peel

TCA Hand Peel

## Microderm Abrasion

Clinically proven to treat fine lines, wrinkles, age spots, acne and scars, the service is relatively painless with immediate results and little or no recovery time.

Includes oxygen facial

3 Session package available

## Waxing

Eliminate unwanted hair with gentle waxing Technique.

Brow Shaping

Lip or Chin

Full Face

## Eyelash/Brow Tints

Achieve dramatic looking eyes without makeup. Results last 3-5 weeks.

Eyelash tints

Brow tints

# Spa Enhancements

Add to any regular service.

## Deep Heat Paraffin

Your hands will be massaged with intensive cream, dipped in soothing warm paraffin, then placed in heated mitts

## Scalp Massage

Conditioning essential oils are massaged into your scalp to help you escape

## Herbal Foot Treat

Soothing foot massage with peppermint cream refreshes tired sore feet

## Warm Seamud Back Pack

Warm bubbling seaweed relaxes tight muscles and detoxifies

## Sea Salt Back Scrub

Relax and enjoy this delightful finale to your massage